

Cold Appetizers

Garden Salad \$7.99

Romaine lettuce, tomato, carrot, cabbage, and cucumber served with special salad dressing

Shirazi Salad \$8.99

Freshly diced cucumber, tomato, and onion with Parseh's special dressing

Maast \$5.99

Plain yogurt

Maast Khair \$6.99

A mixture of plain yogurt, shredded cucumber, and dried mint

Maast Mousir \$7.99

A mixture of plain yogurt and chopped Persian shallots

Maast Spinach \$6.99

A mixture of plain yogurt and chopped steamed spinach



Parseh Restaurant
رستوران پارسه

Warm Appetizers

Kashk-e-Bademjoon \$9.99

Mashed fried eggplant topped with fried garlic, onion, mint, and whey

Mirza Ghasemi \$11.99

Pureed charcoal-broiled eggplant mixed with Parseh homemade unique roasted garlic, tomato sauce, and egg served with bread

Bademjoon Kebab \$13.99

Pan-fried eggplants stuffed with Parseh pomegranate and walnut sauce

Calamari \$10.99

Deep fried breaded calamari rings

Barley Soup \$7.99

Barley, carrot, parsley

Fries \$6.99

Mirza Ghasemi



Bademjoon Kebab



Maast Chekideh \$6.99

Strained creamy yogurt

Zeytoon Parvardeh \$10.99

Marinated green olives with pomegranate paste, ground walnuts, mountain herbs, and chopped garlic

Torshi \$5.99

Combination of pickled vegetables

Sir Torshi \$4.99

Pickled garlic

Pickles \$4.99

Seafood

Substitution: Half Rice and Half Salad \$2.99 Extra, Half Fries and Half Rice \$2.45 Extra, Half Salad and Half Fries \$3.99 Extra

Salmon \$28.99

Fresh oven-cooked salmon served with saffron rice or herb rice and vegetables

Rainbow Trout \$27.50

Pan-fried rainbow trout served with saffron rice or herb rice and vegetables

White Fish \$27.50

Pan-fried tilapia fillet served with saffron rice or herb rice and vegetables

Kebabs

Substitution: Half Rice and Half Salad \$2.99 Extra, Half Fries and Half Rice \$2.45 Extra, Half Salad and Half Fries \$3.99 Extra

Koobideh \$16.99

Two skewers of the combination of ground beef and lamb, charbroiled, served with saffron rice and grilled tomato

Chicken Leg \$18.99

One skewer of marinated boneless chicken leg served with saffron rice and grilled tomato

Koobideh



Chicken Breast



Chicken Breast \$19.99

One skewer of marinated boneless chicken breast served with saffron rice and grilled tomato

Vaziri Leg \$23.99

Combination of one skewer of Koobideh kebab and one skewer of Chicken leg kebab, charbroiled, served with saffron rice and grilled tomato

Vaziri Breast \$24.99

Combination of one skewer of Koobideh kebab and one skewer of chicken breast kebab, charbroiled, served with saffron rice and grilled tomato

Barg \$27.99

One skewer of marinated veal tenderloin served with saffron rice and grilled tomato

Vaziri Breast



Barg

Sultani \$32.99

Combination of one skewer of Koobideh kebab and one skewer of Barg kebab served with saffron rice and grilled tomato

Torsh \$29.99

One skewer of marinated veal tenderloin with Parseh pomegranate sauce and walnut served with saffron rice

Sultani



Torsh



Shishlik



Shishlik \$38.99

6 pieces of lamb rack served with saffron rice and grilled tomato

Koobideh Lunchbox \$11.99

One skewer of Koobideh kebab served with saffron rice and half-grilled tomato

Chicken Breast Lunchbox \$12.99

Half skewer of chicken breast kebab served with saffron rice and half-grilled tomato

Persian Classic Dishes

Substitution: Half Rice and Half Salad \$2.99 Extra, Half Fries and Half Rice \$2.45 Extra, Half Salad and Half Fries \$3.99 Extra

Zereshk Polo & Chicken Leg **\$18.99**

Chicken leg cooked in special tomato sauce served with saffron rice and barberries

Baghali Polo & Mahicheh **\$19.99**

Braised lamb shank in a rich flavoured special sauce served with fava bean dill rice

Akbar Joojeh **\$28.99**

Deep-fried cornish chicken served with Parseh's special pomegranate sauce, walnuts, and saffron rice

Ghormeh Sabzi **\$15.99**

Beef and kidney stew loaded with greens and herbs served with saffron rice

Gheimeh **\$15.99**

Beef and yellow split peas stew topped with Julienne potatoes served with saffron rice

Gheimeh Bademjoon **\$16.99**

Mixed beef, yellow split peas and fried eggplant served with saffron rice.

Fesenjoon **\$16.99**

Sweet and sour stew made with chicken, pomegranate molasses, and walnuts, served with saffron rice

Tahchin **\$20.99**

Crispy saffron rice casserole stuffed with chicken, topped with barberries and pistachio. (Contains egg and yogurt)



Vegetarian Dishes

Kashk-e-Bademjoon **\$9.99**

Mashed fried eggplant topped with fried garlic, onion, mint and whey

Mirza Ghasemi **\$11.99**

Pureed charcoal-broiled eggplant mixed with Parseh's unique roasted garlic, tomato sauce, and egg served with bread

Bademjoon Kebab **\$13.99**

Pan-fried eggplant stuffed with Parseh pomegranate and walnut sauce

Veggie Kebab **\$16.99**

An array of broiled fresh zucchini, red onion, mushroom, eggplant, green pepper, and red pepper, served with saffron rice. Substitution: Half rice and half salad \$2.99 extra, half fries and half rice \$2.45 extra, half salad and half fries \$3.99 extra

Baghali Polo **\$5.99**

Rice with fava beans and dill

Zereshk Polo **\$6.99**

Saffron rice topped with barberries

Sabzi Polo **\$5.99**

Rice with herbs

Wraps

Koobideh Kebab Wrap **\$10.99**

One skewer of Koobideh kebab wrapped in fresh bread, special sauce, parsley, tomato, pickles and onion

Chicken Leg Kebab Wrap **\$14.99**

One skewer of chicken leg kebab wrapped in fresh bread, special sauce, parsley, tomato, pickles and onion

Chicken Breast Kebab Wrap **\$15.99**

One skewer of chicken breast kebab wrapped in fresh bread, special sauce, parsley, tomato, pickles and onion

Shawarma Wrap **\$10.99**

Chicken wrapped in fresh bread, special sauce, parsley, tomato, pickles and onion

Family Packages

Parseh Family Platter 1 \$49.99

Combination of one skewer of Barg, one skewer of chicken breast, and one skewer of Koobideh kebab served with two saffron rice and two grilled tomatoes

Parseh Family Platter 2 \$53.99

Combination of one skewer of Barg, one skewer of chicken breast, and two skewers of Koobideh kebab served with two saffron rice and two grilled tomatoes

Parseh Family Platter 3 \$79.99

Combination of one skewer of Barg, one skewer of chicken breast, one skewer of chicken leg, and three skewers of Koobideh kebab served with three saffron rice and three grilled tomatoes

Parseh Family Platter 4 \$90.99

Combination of one skewer of chicken breast, two skewers of chicken leg, and six skewers of Koobideh kebab served with four saffron rice and four grilled tomatoes

Parseh Special Family Platter \$127.99

Combination of two skewers of Barg, two skewers of chicken leg, and six skewers of Koobideh kebab served with six saffron rice and six grilled tomatoes

Drinks

Canned Pop \$2.49

Coke, Diet Coke, Ginger Ale, Sprite, Iced Tea, Crush

Yogurt Soda

Glass **\$3.99** Bottle **\$4.99** Pitcher **\$8.99**

Carbonated Yogurt Soda (500 ml) \$4.99

Water Bottle \$0.99

Evian Water Bottle \$4.99

Perrier Sparkling Water \$4.99

Tea \$4.65

Americano \$3.65

Cappuccino \$4.65

Latte \$4.65

Juice \$3.99

Extras

One Skewer of Koobideh Kebab	\$6.99	Gheimh Bademjoon (Stew Only)	\$13.99
One Skewer of Chicken Leg Kebab	\$14.99	Lamb Shank (Stew Only)	\$15.99
One Skewer of Chicken Breast Kebab	\$15.99	Chicken Leg (Stew Only)	\$14.99
One Skewer of Barg Kebab	\$23.99	Tahdig (Crispy Rice)	\$10.99
One Skewer of Torsh Kebab	\$25.99	Baghali Polo	\$5.99
One Skewer of Shishlik Kebab	\$35.99	Zereshk Polo	\$6.99
Fesenjoon (Stew Only)	\$15.99	Rice	\$4.99
Ghormeh Sabzi (Stew Only)	\$12.99	Taftoon Bread	\$1.49
Gheimh (Stew Only)	\$12.99	Grilled Tomato	\$0.99
		Salad Dressing	\$0.69